



B.O.L.D.

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Results From the 2005 National Survey on Drug Use & Health: National Finding

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“NSDUH shows a decline from 2002 to 2005 among youths aged 12 to 17 for past month rates of use (i.e., current use) of alcohol, cigarettes, marijuana, hallucinogens (such as Ecstasy and LSD), and the non-medicinal use of prescription-type psychotherapeutic drugs. The past month use of cocaine and inhalants, however, showed no change among youths during that time period. Among young adults aged 18 to 25, the rates of current use of alcohol and marijuana were similar in 2002 and 2005. Cigarette use and Ecstasy use declined among young adults, but cocaine use and non-medicinal use of prescription drugs increased.”

Every other year the same data is collected in Fall River. We use this data to target our work as a Coalition and to measure our effectiveness over time. The Program Monitoring subcommittee will be analyzing our local data and reporting local trends.

One piece of the national data on cigarette smoking is particularly interesting. Cigarette smoking: “Use of illicit drugs and alcohol was more common among current cigarette smokers than among nonsmokers in 2005, as in 2002 through 2004. Among persons aged 12 or older, 20.2 % of past month cigarette smokers reported current use of an

illicit drug compared with 4.1 % of persons who were not current cigarette smokers. Past month alcohol use was reported by 67.6 % of current cigarette smokers compared with 46.6 % of those who did not use cigarettes in the past month. The association also was found with binge drinking (43.8 % of current cigarette users vs. 15.7 % of current non-users) and heavy drinking (16.1 vs. 3.5 %, respectively).”

Strong parental disapproval appears to be an effective tool in preventing youth substance use.

“Youths aged 12 to 17 who believed their parents would strongly disapprove of their using a particular substance were less likely to use that substance than were youths who believed their parents would somewhat disapprove or neither approve nor disapprove. For example, past month cigarette use was reported by 7.9 % of youths who perceived strong parental disapproval of their smoking one or more packs of cigarettes per day compared with 40.5 % of youths who believed their parents would not strongly disapprove. Current marijuana use also was much less prevalent among youths who perceived strong parental disapproval for trying marijuana or hashish once or twice than for those who did not (4.6 vs. 27.0 percent).”

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BOLD

Trekking to Shrewsbury

On a beautiful fall day in September, six of your nine members Mass Forum Team journeyed to the western part of our state to attend the first of 10 training sessions. Mass Forum, which provides extensive training to coalitions, is the only program of its kind in the United States. In fact, it is so highly regarded that its leaders are helping other states to develop their own forums. The BOLD team was one of six coalitions to attend. After traveling through major Worcester traffic, we arrived just in time to grab some delicious pastries and bagels and begin our education on building a Healthy Community. What is exciting about the Forum is the people: the presenters are all experts in their field brought in from all parts of our country, but the people also refers to actual coalitions in attendance. We gain from learning more about our own team and also from the insights and experience of the other 5 teams. For ex-

ample, we learned that members play specific roles such as mover, planner, confronter, and supporter. All roles are really necessary to be effective.

At noontime, we broke for lunch. The food and its presentation were fabulous. Vegetarian lasagna, butternut squash soup and delectable pastries were enjoyed by most with the exception of a few of our traditional meat eaters. Guess who they were? All in all it seems as though we will learn a great deal. We were provided with lots of reading material and a homework assignment. So its back to school for the BOLD team, gaining an education on how to make our coalition the best it can be. We will keep you informed as we acquire knowledge and skills. Move on, BOLD Coalition!

Written by: Susan Wolfson, Coalition Staff

Data/Program Support Subcommittee

Ana Estrela, Chairperson and 6 members of the subcommittee met on Sept. 12th to continue their work in gathering data required by the grant funders. This includes: Youth risk survey done bi-annually reporting youth use of substances and perceptions of risk; mapping of youth resources to support prevention and identifying gaps; youth interest in activities survey, and adult perception of substance use risk and disapproval of youth substance use. They are also reviewing drug, alcohol and tobacco policies in local high school and middle school student handbooks and comparing them to national "best practices." They are also reviewing local drug, alcohol and tobacco ordinances and comparing them to national "best practices." This committee has a huge list of tasks to accomplish. Please help in completing one of them. Contact Susan at swolfson@sstar.org or call 508-324-3566.

Mission/Vision Subcommittee

The whole committee met on September 14th and decided to delay the revision of the strategic plan to January in order to allow more time to do extensive community outreach and survey grassroots' ideas on prevention needs for youth. Staff and members of the M/V committee will be meeting with Neighborhood Associations, and other community groups representing many of the sectors which need to be part of the Coalition, as required by the SAMSHA grant. These sectors are: Youth, Parents, Businesses, Media, School, Youth-Serving Organizations, Law Enforcement, Religious or Fraternal organizations, Civic or Volunteer groups, Healthcare professionals, State/local government, and other organizations involved in reducing substance abuse. Please join in this work. Contact Susan at swolfson@sstar.org or call 508-324-3566.

Project ALERT Update

Project ALERT, a substance abuse prevention program for middle school age children, has begun a new round of programs. We are working in the Saint Anne's Middle School providing classes for all 6th, 7th and 8th grade students. We are at the school two days a week, Tuesday and Thursday and will continue until the second week of January. We are also working with the Fall River Housing Authority at the Bennie Costa development in the far south end of the city. We are planning to be there every Wednesday after school in the commu-

nity center holding Project ALERT groups for residents of the development. Our future plans are to have groups at Henry Lord Middle School's after-school program and to work in the Niagara and Maplewood neighborhoods, possibly having evening groups at the Greene school. We are looking for adult volunteers in the community to learn Project ALERT and assist us in providing the program in the community. If you are interested or have any questions please call Mike Aguiar at 508-324-3598.

Donations Needed

We here a BOLD are always in need of supplies and donations to keep running smoothly.
Here is a list of donations needed:

Various office supplies:

- Copy paper
- Scotch Tape
- Paper clips
- Stapler & Staples
- Manila File Folders & Hanging File Folders
- Writing Pads (8/11)
- Post -it Note Pads
- Cartridges for Copiers: HP 97-color, HP 96 black
- Large Bulletin Board
- Office type Floor Lamps (so we can turn off fluorescent, blinding lights)
- Poster Board
- Chart Paper
- Various Color Markers (Odorless)

Other News in BOLD

- Karen Fischer and Mike Aguiar met with Police Chief Souza and two members of his department. They will be meeting with detectives from the Vice, Intelligence and Gang Units to gather front line data on drug related crime in the city.
- Needed: Volunteers to facilitate Parenting Wisely and Project ALERT at locations in the community. Contact Karen Fischer 508-324-3537 or kfischer@sstar.org
- Nic and Susan attended the open house at Henry Lord Middle School last Tuesday to promote BOLD, Parenting Wisely and Project Alert to all the student and parents in that area.



Mike A., Mike R., and Nic attend the District Attorney Debate in Fall River.

Word Search

W	Y	L	L	O	N	N	O	C	P	W
E	D	U	R	F	E	E	V	S	A	I
S	H	M	E	R	I	D	O	I	R	S
T	I	N	V	H	T	I	L	D	E	E
T	L	A	R	M	I	N	U	D	N	L
C	L	D	O	M	M	U	N	I	T	Y
E	T	T	R	E	L	A	T	M	I	N
J	O	S	A	S	H	A	E	A	N	E
O	P	J	A	R	E	D	E	N	G	W
R	S	I	R	S	P	I	R	I	T	B
P	S	I	O	W	E	B	S	I	T	E

List of Words

Project	Alert
Parenting	Wisely
Website	Volunteers
Community	Hilltop
Spirit	Diman



BOLD is a proud member of Community Anti-Drug Coalitions of America and is supported by



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Building Our Lives Drug-Free



October 2006

Important Dates:

- Oct 4:** TADA & Healthy Youth task Force. 3:30 @ Durfee.
- Oct 17:** Program Support. 3:30 @ SSTAR.
- Oct 18:** Mass. Forum. Shrewsbury, MA.
- Oct 26:** Mission/Vision 3:30 @ Boys' & Girls' Club.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 *	5	6	7
8	9	10	11	12	13	14
15	16	17 *	18 *	19	20	21
22	23	24	25	26 *	27	28
29	30	31				