



B.O.L.D.

In Print

BUILDING OUR LIVES DRUG-FREE

Mass Forum for Creating Healthier Communities

Nine BOLD members, including two staff, attended the second of 10 seminars at the Mass Forum Wednesday, Oct. 18 in Shrewsbury. We presented the positives (too many to include) of Fall River to the other community representatives. Dave Costa took everyone's ideas and made a professional and beautiful "Welcome to Fall River" tri-fold display. Susan Wolfson donated chorizo, broccoli, spinach and pork pies from Sam's on Flint Street. These were a big hit!

The Mass Forum for Creating Healthier Communities promotes coalition building around community challenges, such BOLD's mission of preventing and reducing youth substance abuse, and mobilizing the community to meet our goal. The Medical Foundation funds it.

There were several content highlights. One was to fully analyze the *assets* in our community as much or more than our deficits. Often the answer to many of our needs is hiding in plain sight. Key points are that using

an *assets approach* leads to viewing individuals as effective contributors, building interconnectedness between systems, an empowering approach that stresses interdependence, and viewing community people as valued resources. This also means to trying to solve problems within our community first before turning to outside resources.

One exercise was "*Gifts I Can Give My Community.*" Each individual has gifts and talents, no matter what their "label" may be. *Gifts of the Head* are things I know something about and would enjoy talking about with others. *Gifts of the Hands* are things or skills I know how to do and would like to share with others. *Gifts of the Heart* are things I care deeply about. "Mapping" individuals' gifts and talents and involving community members in sharing their gifts is part of our on-going work.

Also attending the Mass Forum are Ron Weisberger, Mike Ramos, Jenny Robison, Jenna Daum, Suzanne Raposo, Joe DaSilva, and Karen Fischer.

Youth Program Awarded \$10,000

SSTAR Youth Program was awarded a \$10,000.00 grant from the Medical Foundation. It is a part of the Make Smoking History campaign. The goal of this funding is to "take on" big tobacco. We will be conducting community assessments in the Niagara and Maplewood neighborhoods and working on store alerts. Store alerts

are part of a national program that documents tobacco advertising in stores. Report cards are filled out listing the store, the number of ads in the windows, illuminated ads, special priced cigarettes, multi pack discounts and countertop displays. It also documents the height of the ads to find out if they are being placed at a

child's eye level. The results are then entered into a national database. This is an exciting project and will have a positive impact on the youth in the neighborhoods and the youth working on the project. The project begins in October and ends in the spring. If you would like more information please call Mike Aguiar at 508-324-3598.

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Project ALERT Update

Project ALERT has been extremely busy over the course of the last two months. We are currently running a group for the residents of The Bennie Costa Housing Development in the city's south end. We have also com-



Jordan & McKenzie lead the St. Anne's 6th graders in an activity.

pleted the Booster lessons for the eighth graders at St. Anne's Middle School. Currently we are running groups with the sixth and seventh graders there. For the first time Project ALERT has trained two 8th grade students from St. Anne's to be peer leaders to assist and run groups for younger grades. Jordan Murphy and McKenzie Belmore have been carefully chosen to represent the eighth grade as a resource to the stu-



BOLD is a proud member of Community Anti-Drug Coalitions of America and is supported by Stanley

dents due to their extensive knowledge of substance abuse having completed the Project ALERT curriculum and booster lessons.



Bennie Costa:(Top Row) Channy, Linoshka, Chana. (2nd Row) Alonzo & Cleo. (Front Row) "Soda" and Ricky.

Community Focus Groups Underway

We are in the process of revising our BOLD Strategic Plan. Members of the Mission/Vision Subcommittee are conducting Focus Groups throughout the community to gain more "grassroots" information about what is working and what is needed to prevent youth substance abuse. Planned ses-

sions include all the Fall River Neighborhood Associations, Flint Merchants Association, Youth Build, Brazilian Presbyterian Church, First Baptist Church, Towne House, a student support group at Durfee, among others. Maureen Estes, Dave Weed, Adam Souza, Paula Cullen, Mike Ramos, Susan Wolf-

son, and Karen Fischer are leading some of the discussions.

Please help us complete this project by the end of the year. We need note-takers and observers to assist the lead facilitators. Call Susan Wolfson at 508-730-3307 to offer your assistance.

Campus Out-Reach Enhancement Strategies (CORE)

The Campus Out-Reach Strategies (CORE) is Bristol Community College's one-stop resource for information about substance abuse prevention and addiction treatment. Services are free, confidential and available on or off campus.

CORE is collaboration between BCC and Stanley Street Treatment and Resources (SSTAR). CORE's mission is to help Bristol Community College students to meet their educational and life goals by decreasing the harmful use of alcohol, illegal drugs and other substances. We want to inspire students to make

healthy decisions regarding their life choices.

CORE offers screening and brief interventions to assist you in thinking about how alcohol or drugs fit into your life. CORE can refer to professional assistance, if, needed, and provide classroom presentations.

Call today and ask how you may be eligible to participate in a study. Earn extra money while helping yourself and others.

Please contact CORE: 508-678-2811 x 2760



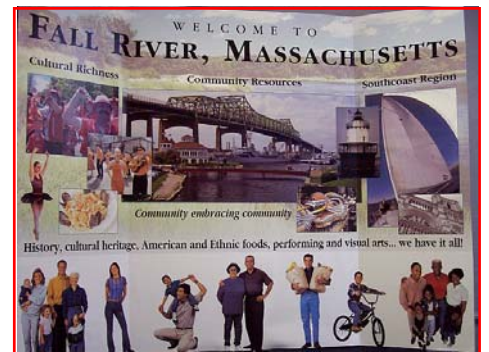
Dan & Mike manning the BOLD Informational table at the "Save a Life Tour" held by CORE at Bristol Community College.

Donations Needed

We here a BOLD are always in need of supplies and donations to keep running smoothly.

Various office supplies:

- Copy paper
- Scotch Tape
- Paper clips
- Stapler & Staples
- Manila File Folders & Hanging File Folders
- Writing Pads (8/11)
- Post -it Note Pads
- Cartridges for Copiers: HP 97-color, HP 96 black
- Large Bulletin Board
- Office type Floor Lamps (so we can turn off fluorescent, blinding lights)
- Poster Board
- Chart Paper
- Various Color Markers (Odorless)



A display from the "Save a Life Tour" at BCC.

BOLD Display made for the Massachusetts Forum.

Word Search

A	T	S	O	C	E	I	N	N	E	B
P	R	G	M	O	N	D	E	R	A	J
D	R	B	S	M	O	W	H	A	C	T
A	W	O	U	M	I	S	S	I	O	N
S	I	L	P	U	S	O	K	A	R	Y
T	A	D	A	N	I	J	A	S	E	L
A	A	C	T	I	V	I	T	I	E	S
N	N	T	P	T	M	E	R	D	I	T
N	I	R	O	Y	S	A	S	H	A	H
E	C	M	U	R	O	F	S	S	A	M
S	P	U	O	R	G	S	U	C	O	F



List of Words

BOLD	CORE
TADA	MASS FORUM
ST ANNES	MISSON
VISION	ACTIVITIES
FOCUS GROUPS	
COMMUNITY	BENNIE COSTA



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Is now on the internet. Our site will be up and running very shortly. Please visit www.boldcoalition.org or www.myspace.com/boldcoalition



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November 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 P.W. 12:00 & 5:30 P.A.@ Bennie Costa	2 P.A. @ St' Anne's School- 7th Grade	3	4
5	6	7 P.A. @ St' Anne's Tobacco Grant Mtg.	8 <u>Advisory Board</u> - 4:00 P.A.@ Bennie Costa	9 P.A. @ St' Anne's School- 7th Grade	10	11
12	13	14 P.A. @ St' Anne's Program Mon.- 3:30	15 <u>Mass Forum Team</u> P.W. 12:00 & 5:30	16 P.A. @ St' Anne's School- 7th Grade	17	18
19	20	21 P.A. @ St' Anne's School- 6th Grade	22 P.W. 12:00 & 5:30 P.A.@ Bennie Costa	23 P.A. @ St' Anne's School- 7th Grade	24	25
26	27	28 P.A. @ St' Anne's School- 6th Grade	29 P.W. 12:00 & 5:30 P.A.@ Bennie Costa	30 P.A. @ St' Anne's M/V- 3:30		