



386 Stanley Street
Fall River, MA 02720

Building Our Lives Drug-Free



Parenting Wisely



BOLD and Families First are offering three free workshops to the Carroll School parents in March 3/12, 3/19, and 3/26 at 6 PM on Building A Strong Family School Connection. The topics are: Literacy Building at Home, Organizing Your Child for Success, and Supporting Homework Success. Jen Silva, Parent Liaison and Principal Elaine Sabra are helping to organize the programs. Carroll school parents should register at 508-6758235. A Homework/Babysitting Room will be available for those who pre-register with Jen at (508) 675-8235.



Dates to Remember



- 3/14 BOLD Awards Dinner at Mc Govern's**
- 3/19 Mass Forum in Shrewsbury**
- 3/19 Integrating Health Behavior Change into Busy Clinical Practice at BCC**
- 3/26 From Dream to Reality: Grassroots Empowerment for Student Success at BCC**
- 4/8 Town Hall Meeting – Under Age Drinking: The Human Element at BCC**

Be A BOLD Volunteer

508-324-7775



Building Our Lives Drug-Free

Volume 3, Issue 3

March 2008

BOLD Annual Dinner Meeting

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GREAT
FOOD

March 14th
6-10 p.m.

LIVE

AWARDS

McGovern's
310 Shove St
Fall River, MA

ENTERTAINMENT

Please join and support the BOLD Coalition as we celebrate youth, honor community leaders and reflect on our journey.

Call or email Gail Fernandes for ticket information.
508-324-7775 gfernandes@sstar.org

Contacts:

BOLD Staff:

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Parent Training Opportunities

Families First

Discipline is an ongoing parenting issue. There are strategies to practice and to learn that are more effective than yelling and punishing. Opportunities to learn new problem solving techniques and help sort out the stressful times of child rearing are being offered by Families First and the Bold Coalition.

All programs are free and are co-sponsored with each school's PTO, School Advisory Council and Parent Liaison. Light refreshments, great conversations and sharing effective strategies.

PLEASE COME AND JOIN US!

The workshops are open to all families. But please register with each school so we can be prepared. Babysitting will be available to those who pre-register.

Schedule

The Greene School, April 10 and 17, Community Room, Jefferson Street Entrance, 6 – 8 PM. TOPIC: Raising Sons and Raising Daughters. (508) 675-8325

The Doran School, April 1 and 8, Cafeteria, 6:30 - 8 PM. TOPIC: When You are Tired of Yelling: Talking and Listening Skills and Practicing Problems Solving Skills in Your Home. (508) 675-8225

The Talbot School, May 20 and 29th, Cafeteria, from 6 – 7:30 PM. TOPIC: Positive Approaches to Discipline, Expanding Your Repertoire and Taking the Rush Out of Rush Hour: Tips for Less Stressful Times. (508 675-8350)

This is the second year that BOLD Coalition has been awarded grants by United Way and Gudewicz-Grimshaw Foundation to work with Families First, an award winning organization that focuses on building positive relationships between parents and their children. By educating both families and the professionals who serve them through workshops, the common goal of working toward raising healthy children becomes a shared goal.

In addition, **Federation for Children with Special Needs** is offering training in becoming a parent advocate beginning March 24th at the Boys and Girls Club, 803 Bedford Street in Fall River. Please call Terri McLaughlin at (800) 331-0688 or email her at tmclaugh@fcsn.org for more information and costs.



Fall River Fifth Graders Tour World Class Art Exhibit

"Do Not Touch The Art, Let It Touch You" is the tagline for the current paper-based exhibition on display in the Narrows Gallery. "Pulp Function" includes 50 works of art created by artists from all over the country. Sculpture, wall hangings, vessels, clothing and jewelry grace the floor, pedestals and walls of the Gallery. But our ultimate goal is to educate children by letting the art touch them – their feelings, their impressions, their interests, their imaginations.

As a longtime volunteer at the Narrows Center and a newly trained docent of "Pulp Function", it is my pure pleasure to be welcoming the fifth-graders of the Fall River Public Schools to view and experience this world-class art. Alison Bruun, a multi-talented artist and the instructor for the Saturday Pop-Up classes at the Narrows Center, is my partner docent in leading the tours for the schoolchildren. It is not Alison's and my intent to simply barrage the youngsters with facts and figures. Instead we engage them in conversation and discuss certain pieces.

At the close of the first week of tours and meeting over 100 children, I am thrilled and impressed by these well-behaved and courteous youngsters. They are interested and interesting. Their observations and comments find Alison and I learning as we lecture and listen.

Half the children in each class tour the Gallery as a group. At the same time, the remaining youngsters enjoy a tuneful session with talented Delta and



Chicago style Blues musician, Mark T.

Small (www.marktsmall.com). Mark traces the history of American music from early folk ballads and field hollers to the rock & roll, rap and hip hop of today. He demonstrates examples of the songs and styles on the acoustic guitar, banjo, resonator guitar and electric guitar. The workshop is entertaining, it's educational and it's downright fun!

This extraordinary exhibition is made possible by the Narrows Center collaborating with the Fuller Craft Museum of Brockton, Arts/United Fall River and the BOLD Coalition.



The Narrows Gallery is open Wednesday – Saturday, noon – 5:00 p.m. "Pulp Function" continues through April 3. Please visit our website for additional information about the exhibit, the art classes for children and all the events at the Narrows Center for the Arts. I look forward to meeting you all.

Deb Charlebois, Director of Operations/Narrows Center for the Arts

www.ncfta.org

Email: publicrelations@ncfta.org
or Call 508.324.1926

Thank You!

Jim Bartley for delivering our glass tube, drug paraphernalia posters and cards to community organizations

Robert Rak and his GIS students at BCC for mapping locations of tobacco sales in Fall River

Families First of Cambridge for helping us present parenting programs in Fall River Schools in March and April

Andy Robinson of the Katie Brown Foundation, for speaking to *Parenting Wisely* parents on teaching about healthy relationships

Anne-Marie Grillo for tips on homework help for parents

Leona LeBlanc from Corrigan and **Anne Medeiros** from Family Planning speaking to *Parenting Wisely* parents on behaviors

Jenny DiBlasi for offering ideas on Community Resources in Fall River for parents

Jade Nieuwenhuizen of BCC for spearheading the Alcohol Assessment Team

T.A.D.A. @ CADCA



On February 11– 15, members of B.O.L.D and Project Y.E.L.L from Taunton, MA

teamed up for a trip to Washington D.C to join other upstanding individuals at the annual CADCA (Community Anti-Drug Coalitions of America) Forum. There were seven of us: the responsible and admirable chaperones, Michael Aguiar, April Cabrera, Richard Carter, and the equally responsible, ever so thankful youth, Treasure Davis, Jeffery Gomes, Christina Robichaud, and Jared Luciano.

Monday our itinerary included several events, our



first being a youth meet and greet. This gave us the opportunity to introduce ourselves, and meet youth from across America who were all in Washington to learn ways to make their communities drugfree.

The staff at the CADCA conference welcomed us in an enthusiastic and interesting way, thus making it easier to communicate with our peers as well as beginning our week in a positive manner.

Tuesday there were no workshops being held, so the motley crew went out sightseeing. The weather conditions were harsh so our time was limited. We



had the opportunity to see the immaculate historical monuments such as the Washington Monument, Lincoln Memorial, White House, Vietnam Memorial, World War II Memorial and Arlington National Cemetery.

Wednesday was a rather eventful day for the youth. One workshop entitled “Taking it to the Streets” with a guest speaker Milton Creagher informed us about topics regarding drug and alcohol abuse, gangs and violence and their effects on everyone in a community without any social or racial barrier. Throughout his motivational speech, Creagher helped to lift the self confidence of his listeners, while providing a substantial amount of information to improve our knowledge on the topics that are relevant to teens in America who promote a drug-free lifestyle. Another workshop we attended that day was “Be the Change” which was run by teens from YADAPP (Youth Alcohol Drug Abuse Prevention Project). In this program we were walked through objections being tackled by teens from Roanoke Virginia. For our third workshop of the day we listened to Sasha Willicham and Jacob Holm from SADD (Students Against Destructive Decisions) at Leadership Styles: “Find Your Own Voice”. This meeting focused on dividing the group into their specific strengths as leaders and showing how a diverse group can work together to be more effective in sending their message about drug abuse prevention. That was the final workshop for the youth on Wednesday. The adults had a different schedule and did not attend those meet-

ings but did benefit from a multitude of stimulating, constructive workshops.

On Thursday our first meeting



was “Tenspiration: 10 Simple Ways to Change the World Around You”. As the title suggests, this meeting provided ten ways to remain positive on making decisions to further the betterment of our communities. Our final meeting was a vital addition to our repertoire. “Acting out to Promote Change: Theater Improvisation as a Prevention Tool” used theatre as a medium to drug abuse prevention. This was especially important due to T.A.D.A.’s experiences with using theater as an educational and prevention tool.

After we enjoyed our last complimentary breakfast we “took it to the streets” in search of the nearest souvenir shop. While we may have our “Washington D.C.” key chains, all seven of us, adults and youth alike, will take back with us new, useful tools and enlightenment from our short but effective trip to the CADCA Forum.



Reported by: Christina Robichaud Jared Luciano